

## Aanhangsel A - Mighty Blues Equestrian – Gedragskode

Die Klub streef daarna om die hoogste ideale van sportmangees, burgerskap en lojaliteit te bevorder om karakter en selfdisipline te ontwikkel by deelnemers.

### 1. Lede moet:

- Toon respek vir hul ponies/perde, afrigters, beamptes, beoordelaars, organiseerders en rentmeesters en hul mede-lede.
- Wanneer hulle meeding, moet hulle by die reëls van die kompetisie hou en die besluite van die byeenkoms bestuurders, beoordelaars, beamptes en organiseerders aanvaar.
- Hulle mag 'n besluit bevraagteken wat hulle nie verstaan deur beleefd die korrekte prosedure te volg.
- Hulle moet die ander lede van hul span en die ander lede van hul klub ondersteun.
- Maak seker of neem stappe om te verseker dat hul afrigters, instrukteurs, ouers die riglyne van die gedragskode nakom.

### 2. Rol van Afrigters, Instrukteurs, Deelnemers, Ouers en ondersteuners – Gedragskode

Wanneer jy met 'n ruiter werk, bystaan en of ondersteun, hetsy in opleiding of kompetisie, sal jy die gedragskode volg wat hieronder uiteengesit word: -

### 3. Goeie praktyke

- Erken die belangrikheid van pret en plesier, veral wanneer daar met jong ruiters/deelnemers gewerk word.
- Toon respek aan ander betrokke by die sport, insluitend beoordelaars, beamptes en vrywilligers, ander ruiters/deelnemers en spanne, ander afrigters, instrukteurs, onderwysers en afrigters, toeskouers, ouers/Voogde en perde of ponies.
- Bevorder regverdige spel en hoë standaarde van gedrag.
- Plaas die welstand, veiligheid en genot van jou ruiter/deelnemer (en die perd of ponie) bo alles, insluitend wen.
- Verduidelik presies wat jy van die ruiter verwag en wat hulle van jou kan verwag. Maak seker dat alle ouers/voogde van alle ruiters onder die ouderdom van 18 hierdie verwagtinge verstaan.
- Ontwikkel wedersydse vertroue en respek met elke ruiter /deelnemer om hul selfbeeld te bou
- Moedig elke ruiter/deelnemer aan om verantwoordelikheid vir hul eie gedrag en prestasie te aanvaar.
- Maak seker dat alle aktiwiteite wat jy organiseer gepas is vir die ruiter/deelnemer se vermoëns vlak, ouderdom en volwassenheid en vir die vermoëns van die perd of ponie.
- Verseker toepaslike toesig oor alle ruiters / deelnemers, veral diegene wat jonger of meer kwesbaar is.
- Wees 'n positiewe rolmodel, neem jou gedrag in ag, moenie op ruiters/deelnemers skree of sarkasme gebruik nie.
- Verskaf positiewe mondelinge terugvoer op 'n konstruktiewe en bemoedigende wyse aan alle jong ruiters / deelnemers, veral voor, tydens en na oefensessies en kompetisies.

### 4. Onvanpaste gedrag om te vermy

- Moet nooit betrokke raak by, of duld, aanstootlike, beledigende, neerhalende of beledigende taal of gedrag nie
- Moet nooit betrokke raak by of enige vorm van afknouery duld nie, daag altyd boelie gedrag gepas uit.
- Erken dat ruiters/deelnemers bewus is van FEI-reëls wat verband hou met prestasie verbeterende middels vir mense en perde.
- Wees bewus daarvan dat jou gedrag in jou rol altyd deur ander onderworpe is. Maak seker dat jou woorde en gedrag nie onderhewig is aan waninterpretasie deur die ruiters / deelnemers, ouers / Voogde of omstanders nie.

**5. Lid se verklaring**

- Ek het hierdie kontrak met my Klub gelees, verstaan die riglyne uiteengesit en stem in om aan die ooreenkoms te voldoen.
- Ek stem in dat ek, en enige persoon wat my vergesel en of ondersteun, die beginsels en protokolle soos uiteengesit in hierdie dokument sal nakom:
- Om aan sport deel te neem is pret en ek wil my vaardighede verbeter en goed voel. Ek is bewus daarvan dat ek 'n ambassadeur vir my gesin en my sport is en ek neem volle verantwoordelikheid vir my dade.

**MIGHTY BLUES EQUESTRIAN CLUB**

## Annexure A Mighty Blues Equestrian - Code of Conduct

The Club aims to promote the highest ideals of sportsmanship, citizenship and loyalty to create strength of character and self-discipline.

### 1. Members should:

- Show respect for their ponies / horses, coaches, officials, judges, organisers and stewards and their fellow members.
- When competing they should abide by the rules of the competition and accept the decisions of the event stewards, judges, officials and organisers.
- They may query a decision they do not understand politely and by following correct procedure.
- They should support the other members of their team and the other members of their club.
- Make sure or take steps to ensure that their coaches, instructors, trainers, parents adhere to the guidelines of the code of conduct.

### 2. Role of Coaches, Instructors, Trainers, Parents and supporters – Code of Conduct

When working with, assisting and or support a rider, whether in training or competition, you will follow to code of conduct set out below: -

### 3. Good Practice

- Recognise the importance of fun and enjoyment, especially when working with young riders / participants.
- Show respect to others involved in the sport including judges, official and volunteers, other riders / participants and teams, other coaches, instructors, teachers and trainers, spectators, parents / carers and horse or ponies.
- Promote fair play and high standards of behaviour.
- Place the well-being, safety and enjoyment of your rider / participant (and the horse or pony) above everything, including winning.
- Explain exactly what you expect of the rider and what they can expect from you. Ensure all parents/carers of all riders under the age of 18 understand these expectations.
- Develop mutual trust and respect with every rider / participant to build their self-esteem
- Encourage each rider / participant to accept responsibility for their own behaviours and performance.
- Ensure all activities you organise are appropriate for the rider's / participant's ability level, age and maturity and for the capabilities of the horse or pony.
- Ensure appropriate supervision of all riders / participants, especially those who are younger or more vulnerable.
- Be a positive role-model, consider your behaviour, do not ridicule, or shout at riders / participants or use sarcasm.
- Provide positive verbal feedback in a constructive and encouraging manner to all young riders / participants always particularly pre, during and post training sessions and competitions.

### 4. Inappropriate Behaviour to Avoid

- Never engage in, or tolerate, offensive, insulting, demeaning or abusive language or behaviour
- Never engage in or tolerate any form of bullying, always appropriately challenge bullying behaviour.
- Recognise that riders / participants are *aware of FEI rules related to performance enhancing drugs for humans and equines*.
- Be aware that your behaviour in your role is subject is scrutiny by others always. Ensure that your words and behaviour are not subject to misinterpretation by the riders/participants, parents/

carers or onlookers.

#### **5. Members declaration**

- Taking part in sport is fun and I want to improve my skills and feel good. I am aware that I am an ambassador for my family and my sport and I take full responsibility for my actions.
- I have read this contract with my Club, understand the guidelines set out and agree to comply with the agreement.
- I agree that I, and any person that accompany and or support me will abide by the principals and protocols set forth in this document:

#### **MIGHTY BLUES EQUESTRIAN CLUB**